

Parenting Effectiveness Program (PEP) for Professionals

Presented by



THE CENTER FOR APPLIED
PSYCHOPHYSIOLOGY AND
SELF-REGULATION **AT RIT**

Monday, October 16, 2017

8am-4:30pm

Al Sigl Center Conference Center

Cost: \$99 per participant

Breakfast, lunch, and snacks included. Purchase orders welcome.

Registration is limited to 40 participants.

Do your students struggle with transitions?

Do they get "stuck?"

Do your students know how to "push your buttons?"

Become a more effective educator to your students with ASD, ADHD, OCD, and related disorders (and all of your students). Feel more confident and less stressed. Learn and practice research-based, proven techniques developed right here in Rochester. Increase your knowledge base, and elevate your confidence as an educator.

Schedule

8am: Registration
8:30: Session 1
10:00: Break
10:15: Session 2
11:45: Lunch
12:30 Session 3
2:00: Break
2:15: Session 4
4:00: Conclusion

- Learn the effects of autonomic dysregulation in autism spectrum disorder.
- Demonstrate the use and limitations of the ERA approach to behavioral transitions.
- Learn appropriate use of engagement and disengagement in reinforcing behavior.
- List the four steps and significance of "station identification" breaks.

The Parent Effectiveness (PEP) Program was developed by Dr. Laurence Sugarman, Director of the Center for Applied Psychophysiology and Self-regulation (CAPS) at RIT. Over 150 families in the Rochester area have benefitted from this innovative training program. The PEP Program applies Dr. Sugarman's clinical techniques to school and home-based interactions with individuals with ASD and related conditions.

Register online at www.autismup.org/events