

autism



July 8th - September 1st Summer Semester 2017

Registration details and program information at AutismUp.org

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Personal Training Available [†]	Personal Training Available [†]	Personal Training Available [†]	Personal Training Available [†]	Personal Training Available [†]		Personal Training Available [†]
	YMCA Camp Arrowhead* 9a - 4p	YMCA Camp Arrowhead* 9a - 4p	YMCA Camp Arrowhead* 9a - 4p	YMCA Camp Arrowhead* 9a - 4p	Personal Training Available [†]	
	YMCA Camp Bay View* 9a - 4p	YMCA Camp Bay View* 9a - 4p	YMCA Camp Bay View* 9a - 4p	YMCA Camp Bay View* 9a - 4p		1:1 Yoga Available [†]
Open Gym (3yrs - 12yrs) 11:30a - 12:30p		STEAM Club I June 27 - June 30 9a - 11a	Open Gym (3yrs - 12yrs) 10a - 11a	STEAM Club I June 27 - June 30 9a - 11a	STEAM Club I June 27 - June 30 9a - 11a	Boys Club 9:30a - 10:30a
	ROC the Community 2:30p - 4p	STEAM Club II July 18 - July 21 2:30p - 4:30p	Open Gym (7yrs - 19yrs) 11a - 12p	STEAM Club II July 18 - July 21 2:30p - 4:30p	STEAM Club II July 18 - July 21 2:30p - 4:30p	Exploring Sensations* 10a - 12:10p
Open Gym (7yrs - 18yrs) 12:30p - 1:30p	Open Gym (3yrs - 12yrs) 3p - 4p	ROC the Community 2:30p - 4p	STEAM Club I June 27 - June 30 9a - 11a	Learning Through Games July 13 - August 3 5p - 6p		Water Safety & Swim* 10a - 11:30a
	Open Gym (7yrs - 18yrs) 4p - 5p	Zones of Regulation 5p - 6p	STEAM Club II July 18 - July 21 2:30p - 4:30p	Game Skillz August 10 - August 31 5p - 6p	Birthday Parties Available [†]	Teen Kinect 11:15a - 12:30p
Birthday Parties Available [†]	1:1 Yoga Available [†]	Boys Club 6p - 7p	Exploring Sensations* 3p - 5:10p	Boxing for Fitness 6p - 6:45p		AU Fit 12:45a - 1:30p
	Sign Language for Communication 5p - 6p	Girl Power 6p - 7p	Self-Regulation Skills 5:15p - 6:15p	Mindfulness Matters July 13 - August 3 6p - 7p	Special Events	
Special Events	Healthy Living for Teens & Adults 6:15p - 7:15p	Teen Kinect 7:15p - 8:30p	Picky Eaters Club 6p - 7:30p	Fitness 101 7p - 7:45p		Birthday Parties Available [†]
			Adult Connections 6:30p - 8p	Teen Minecraft Plus 7p - 8p		

* On-site
† Multiple sessions available
‡ Please contact to schedule