



APRIL 05 - JUNE 27

2021 SPRING TERM

Registration details and program information at AutismUp.org

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>1:1 Personal Fitness (In-Person/Virtual)</p> <p>Available throughout the week by appointment only.</p> <p>Please contact program department for scheduling details.</p> <p>Contact cjones@autismup.org</p>	<p>Full Life Foundations 101 4p – 5p (Virtual)</p>	<p>Arts & Crafts 4p – 4:40p (Virtual)</p>	<p>Social Skills with Friends (6-12) 3:30p – 4:05p (Virtual)</p>	<p>Full Life Foundations 201 4p – 5p (Virtual)</p>	<p>Full Body Fitness 4:20p – 5p (Virtual)</p>	<p>Teen Kinect 9:30a – 10:15a (In-Person)</p>
	<p>Social Skills with Friends (6-12) 4:30p – 5:05p (Virtual)</p>	<p>Full Life Foundations 201 4p – 5p (Virtual)</p>	<p>Full Life Foundations 101 4p – 5p (Virtual)</p>	<p>Youth Minecraft 4:15p – 5:15p (In-Person)</p>		<p>AlphaU I 10:45a – 11:30a (In-Person)</p>
	<p>Music & Movement 6p – 6:40p (Virtual)</p>	<p>Minecraft 5p – 6p (Virtual)</p>	<p>Mindfulness & Relaxation I 4:30p – 5:10p (Virtual)</p>	<p>Baking Time 4:30p – 5:15p (Virtual)</p>		<p>Motion Dynamics I 11:45a – 12:30p (Virtual)</p>
	<p>Social Skills with Friends (13+) 6p – 6:45p (Virtual)</p>	<p>Motion Dynamics 5:45p – 6:30p (In-Person)</p>	<p>Teens / Young Adult Minecraft 5:45p – 6:45p (In-Person)</p>	<p>Art 12p – 12:45p (In-Person)</p>		
			<p>Mindfulness & Relaxation II 6p – 6:40p (Virtual)</p>	<p>Social Skills with Friends (13+) 6p – 6:45p (Virtual)</p>		<p>Motion Dynamics II 1:15p – 2p (Virtual)</p>
			<p>Minecraft 6p – 7p (Virtual)</p>	<p>Minecraft 7p – 8p (Virtual)</p>		<p>AlphaU II 1:15p – 2p (In-Person)</p>
						<p>AU Fit 2:30p – 3:15p (In-Person)</p>