

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>1:1 Personal Fitness (In-Person/Virtual)</b></p> <p>Available throughout the week by appointment only.</p> <p>Please contact program department for scheduling details.</p> <p><b>Contact</b> <a href="mailto:cjones@autismup.org">cjones@autismup.org</a></p>	<p><b>Girl Power</b> 4:30p - 5:25p (In-Person)</p>	<p><b>Exploring Sensations I</b> 4:20p - 5p (In-Person)</p>	<p><b>Boys Zone</b> 4:30p - 5:25p (In-Person)</p>	<p><b>Arts &amp; Crafts</b> 4p - 4:45p (Virtual)</p>	<p><b>Social Skills with Friends (6-12)</b> 4:15p - 4:50p (Virtual)</p>	<p><b>Basketball Skills &amp; Drills I</b> 8:30a - 9:15a (In-Person)</p>
	<p><b>Remote Minecraft</b> 5:30p - 6:30p (Virtual)</p>	<p><b>Social Skills with Friends (6-12)</b> 4:30p - 5:05p (Virtual)</p>	<p><b>Mindfulness &amp; Relaxation I</b> 4:30p - 5:15p (Virtual)</p>	<p><b>Youth Minecraft I</b> 4:15p - 5:15p (In-Person)</p>		<p><b>Teen Kinect</b> 9:30a - 10:25a (In-Person)</p>
	<p><b>AU Fit I</b> 5:45p - 6:30p (In-Person)</p>	<p><b>Exploring Sensations II</b> 5:10p - 5:50p (In-Person)</p>	<p><b>Cooking with Friends I</b> 5:15p - 7p (In-Person)</p>	<p><b>Cooking with Friends II</b> 5:15p - 7p (In-Person)</p>		<p><b>Remote Minecraft Survival Saturday</b> 10:15a - 11:15a (Virtual)</p>
	<p><b>Music &amp; Movement</b> 6p - 6:40p (Virtual)</p>	<p><b>Social Skills with Friends (13+)</b> 6p - 6:45p (Virtual)</p>	<p><b>Motion Dynamics</b> 5:45p - 6:30p (In-Person)</p>	<p><b>Youth Minecraft II</b> 5:30p - 6:30p (In-Person)</p>		<p><b>AlphaU I</b> 10:45a - 11:40a (In-Person)</p>
	<p><b>Drum It Up</b> 6:45p - 7:30p (In-Person)</p>	<p><b>Remote Minecraft</b> 6p - 7p (Virtual)</p>	<p><b>Mindfulness &amp; Relaxation II</b> 6p - 6:45p (Virtual)</p>	<p><b>Baking Time</b> 6:15p - 7p (Virtual)</p>		<p><b>Motion Dynamics I</b> 11:45a - 12:30p (Virtual)</p>
	<p><b>Music &amp; Movement</b> 6p - 6:40p (Virtual)</p>	<p><b>Exploring Sensations III</b> 6p - 6:40p (In-Person)</p>	<p><b>Music &amp; Movement</b> 6:45p - 7:30p (In-Person)</p>	<p><b>Social Skills with Friends (13+)</b> 6:15p - 7p (Virtual)</p>	<p><b>Full Body Fitness</b> 5:20p - 6:05p (Virtual)</p>	<p><b>Art</b> 12p - 12:45p (In-Person)</p>
		<p><b>Body Awareness I</b> 6:50p - 7:30p (In-Person)</p>	<p><b>Remote Minecraft</b> 7p - 8p (Virtual)</p>	<p><b>Teens / Young Adult Minecraft</b> 6:45p - 7:45p (In-Person)</p>		<p><b>AlphaU II</b> 1:15p - 2:10p (In-Person)</p>
		<p><b>Body Awareness II</b> 7:40p - 8:20p (In-Person)</p>				<p><b>AU Fit II</b> 2:30p - 3:15p (In-Person)</p>
						<p><b>Basketball Skills &amp; Drills II</b> 3:30p - 4:15p (In-Person)</p>