

















# World AUTISM AWARENESS Month



## together we fly strong

April 2020

SUNDAYS show your spirit & special activities		MONDAYS music with Victoria facebook live 1-1:45		TUESDAYS creative arts & craft activities		WEDNESDAYS social & readiness skills		THURSDAYS problem solving & experimental learning		FRIDAYS fitness & movement		SATURDAYS stay connected & be informed	
 5	5	 6	6	  7	7	 8	8	 9	9	 10	10	 4	4
Show Your Spirit & Style! Buy AU gear at <a href="http://autismup.org">autismup.org</a>		Request a Proud to Support AU lawn sign delivered to your yard!		Take a picture of your Kite Decorated Front Door and post it. Tag us at #flystrong #AutismUp		How to Read & Understand the IEP Online Training Workshop		Go on a Kite Scavenger Hunt around Social Media today! Search for other family kites using our hashtags.		Egg Decorating Day Share your best AutismUp inspired egg & we'll pin it!		Follow Us & Like Us on Social Media	
 12	12	 13	13	 14	14	 15	15	 16	16	17	17	 18	18
<b>HOPPY EASTER</b>		Music with Victoria Mondays 1-1:45PM AU Facebook Live		Share how you fly strong & inspire others living with autism. Tag us at #flystrong #AutismUp		Check out today's email for Skill Activities		KiteFlite is 120 days from today at Seabreeze! Create your Kite Parade march team today! <a href="http://autismup.org/events">autismup.org/events</a>		Join us for Fitness Friday		Popcorn, Karaoke and Binge Watch AU Videos on YouTube	
 19	19	  20	20	  21	21	 22	22	  23	23	24	24	 25	25
Complete a puzzle and share your pic on social!		View new pins on our board for autism support ideas to implement @home.		Wear blue & green, share selfie and tag us @AutismUp		Annual CSE Review Prep Online Training Workshop		Eat blue and green food today! Snap a picture & tag us @AutismUp		The Expedition Up Gala is just five months away! Please join us to support the efforts of AutismUp!		Buy a table or ticket to the Gala	
26	26	 27	27	 28	28	 29	29	  30	30				
Clean out your closet or cupboard and repurpose an item into something that inspires you to stay strong.		Check out today's email for our weekly activity contest!		Sign up to Volunteer at iCanBike Camp 2020		Autism 101: What You Need to Know Online Training Workshop		Share your favorite memory from April. Tag #AutismUpFave					

 Music with Victoria, a collaboration between AutismUp & Upstate Music Therapy Center, offered on these days

 Minecraft offered on these days.

 Parent Training Workshops offered on these days.