



January						
S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

February						
S	M	T	W	T	F	S
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9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29

March						
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15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

April						
S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

May						
S	M	T	W	T	F	S
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3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

June						
S	M	T	W	T	F	S
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14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

 = Parent Meet Ups
 = Parent Workshops
 = Parent Effectiveness Program
 = School-Age Steps Conference
 = DIR Training

Connections Meet Ups

9:30am Coffee Meet Ups
The Arc Café will be open

- January 17
- February 28
- March 20
- April 17
- May 15
- June 12

Noon Lunch Meet Ups
The Arc Café will be open

- January 7
- February 11
- March 10
- April 14
- May 12
- June 9

7pm Evening Meet Ups

- January 27
- February 3
- March 23
- April 27
- May 18
- June 15

Workshops & Speakers*

7pm at AutismUp

- January 13:**
Understanding Your Child's IEP
- January 22:**
Be Your Child's Best Advocate
- February 5:**
Why is My Kid Doing That?
- February 25:**
Campaign D Panel Presentation
- March 2:**
Child Sexual Abuse Prevention
- March 25:**
Dr. Whitney Rapp: Executive Function
- April 1:**
Planning for Transition in the IEP
- April 20:**
Autism 101: Newly Diagnosed Families
- May 4:**
Prepare for Transition Out of School
- May 20:**
Wandering and Safety Preparedness
- June 3:** TBD
- June 8:** TBD

*Events Subject to Change

Parent Effectiveness Program (PEP)

Does your child struggle with transitions? Do they get "stuck?" Push your buttons? The PEP Program will help you reduce stress and increase your confidence as a parent.

7pm; March 4, 11, 18

DIR 101

An introduction to the DIR framework—relating, interacting, and communicating through a developmental lens.

8am-4pm at the GAC
March 5, 12; \$275 per person

School Age Steps Conference

June 10; 8am-3pm
Nazareth College; \$50 per person
Learn about local options for services, hear from providers, and connect with other families.

Registration and more information about Listen Up programs is available at www.autismup.org.