listen up with autismup

Support. Opportunity. Success.

LEARNING • INFORMATION • SHARING • TRAINING • EDUCATION • NAVIGATION

Parent Workshops

Workshops provide hands-on, strategies for parents. Techniques and materials that can be implemented immediately at home.

Online Support

AutismUp members can join our active online support groups. Private groups are available on Facebook and a Yahoo message board.

Family Navigator

The Navigator is on site at the Kirch Center at Strong Memorial Hospital to connect families with resources and support. For more information email: navigator@autismup.org

Parent Connections

Coffee and conversation with facilitated support. Connect with other parents and expand your support.

Autism 101

An introduction to Autism for parents and family of newly diagnosed children. A road map to begin your family's journey.

Parent Mentors

Newly diagnosed families are matched with a trained, experienced parent to help you navigate the world of autism.

PEP Program

Dr. Laurence Sugarman developed the Parent Effectiveness Program. Parents learn to apply techniques research-based clinical techniques at home.

Speaker Series

Community professionals speak about topics relevant to raising and educating a child with autism.

Adult Connections

Monthly meetings for adults with ASD and their parents. Each month features a speaker, followed by group sharing and support, with the parents separated from the individuals.

Ask an Advocate

Address your concerns and problem-solve with an educational advocate.

Family Swim

Swimming with your kids in a quiet, supportive environment, reserved just for AutismUp families.

Family Gatherings

Join with other AutismUp families for activities and fun in our community.

Visit us at www.autismup.org for more information · 855 Publishers Parkway · Webster, NY 14580 · (585) 248-9011 · contact@autismup.org