



JANUARY 06 - MARCH 28

# 2020 WINTER TERM

Registration details and program information at [AutismUp.org](http://AutismUp.org)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>Family Swim @ RIT*</b> (1/19 - 3/29) 4:30p - 6:00p	<b>Boys Zone</b> 4:30p - 5:30p	<b>Exploring Sensations</b> 4:15p - 4:55p	<b>Exploring Sensations</b> 4:15p - 4:55p	<b>Youth Minecraft</b> 4:45p - 5:45p	<b>Youth Bowling*</b> 4:30p - 5:30p	<b>Boys Zone</b> 9a - 10a
	<b>Girl Power</b> 4:30p - 5:30p	<b>Exploring Sensations</b> 5:05p - 5:45p	<b>LinkUp*</b> 4:30p - 5:30p	<b>Cooking With Friends</b> 5:15p - 7p		<b>Basketball Skills &amp; Drills</b> 9a - 9:45a
<b>1:1 Personal Fitness</b> Please contact program department for details and availability.	<b>Cooking With Friends</b> 5:15p - 7p	<b>Exploring Sensations</b> 5:55p - 6:35p	<b>Exploring Sensations</b> 5:05p - 5:45p	<b>Beginner Fitness</b> 6p - 6:45p	<b>Teen Bowling*</b> 4:30p - 5:30p	<b>Exploring Sensations</b> 10a - 10:40a
	<b>Art &amp; Music For Relaxation</b> 5:45p - 6:45p	<b>Board Gamers</b> 6p - 7p	<b>Cooking With Friends</b> 5:15p - 7p	<b>Exploring Sensations</b> 5:55p - 6:35p		<b>Youth Minecraft</b> 6p - 7p
<b>1:1 Personal Fitness</b> Please contact program department for details and availability.	<b>Teen Kinect</b> 7p - 8p	<b>Vision In Motion</b> 6:45p - 7:25p	<b>Speech Club @ Naz (SCAN)*</b> (2/5 - 4/22) 6p - 7p	<b>Staying Connected (35 and older)</b> 7p - 8p	<b>Adult Bowling*</b> 4:30p - 5:30p	<b>Exploring Sensations</b> 10:45a - 11:25a
	<b>AlphaU</b> 7p - 8p	<b>Vision In Motion</b> 7:35p - 8:15p	<b>Self-Regulation</b> 6:45p - 7:25p	<b>Youth Minecraft</b> 6p - 7p		<b>AlphaU</b> 11:30a - 12:30p
<b>1:1 Personal Fitness</b> Please contact program department for details and availability.	<b>AlphaU</b> 7p - 8p	<b>Vision In Motion</b> 7:35p - 8:15p	<b>Self-Regulation</b> 7:35p - 8:15p	<b>Teen / Young Adult Minecraft</b> 7:10p - 8:10p	<b>Adult Bowling*</b> 4:30p - 5:30p	<b>Teen Kinect</b> 11:30a - 12:30p
	<b>AlphaU</b> 7p - 8p	<b>Vision In Motion</b> 7:35p - 8:15p	<b>Self-Regulation</b> 7:35p - 8:15p	<b>Teen / Young Adult Minecraft</b> 7:10p - 8:10p		<b>AU Fit</b> 12:45p - 1:30p
<b>1:1 Personal Fitness</b> Please contact program department for details and availability.	<b>AlphaU</b> 7p - 8p	<b>Vision In Motion</b> 7:35p - 8:15p	<b>Self-Regulation</b> 7:35p - 8:15p	<b>Teen / Young Adult Minecraft</b> 7:10p - 8:10p	<b>Adult Bowling*</b> 4:30p - 5:30p	<b>Baking Time</b> 12:45p - 2:15p
	<b>AlphaU</b> 7p - 8p	<b>Vision In Motion</b> 7:35p - 8:15p	<b>Self-Regulation</b> 7:35p - 8:15p	<b>Teen / Young Adult Minecraft</b> 7:10p - 8:10p		<b>Basketball Skills &amp; Drills</b> 1:45p - 2:30p