



# EDUCATION & TRAINING SERVICES FOR THE COMMUNITY

Are you equipped with the tools and strategies needed to support individuals with autism and other developmental disabilities effectively? AutismUp offers customized training for professionals, including educators, medical providers, and early intervention teams. Our goal is to empower professionals to create supportive environments that foster success in classrooms, clinics, homes, and community settings.

Today, autism affects 1 in 36 children. In the Greater Rochester area, this translates to an estimated 20,000 individuals. Families and providers face significant challenges, and the demand for specialized training and resources continues to grow. Since 2004, AutismUp has grown to support more than 3,700 families and hundreds of providers, offering practical solutions to meet the needs of those impacted by autism.

Our expert-led training equips teams with evidence-based strategies to improve outcomes for individuals with autism and the professionals who support them. Together, we can create meaningful change and help families thrive. Reach out to learn how AutismUp can assist your team.

## **COMMUNITY AUTISM INCLUSION**

Autism training for the community is designed to increase awareness, understanding, and support for individuals with autism spectrum disorder (ASD). This opportunity aims to create a more inclusive and accommodating environment by equipping community members with the knowledge and skills necessary to interact effectively with people on the autism spectrum.

## **BASIC**

- 90 minute Sensory
- Sensitivity Training for Staff
- Sensory Friendly Establishment Certificate
- Social Media Highlight
- Listed on our website as a Community Supporter

\$500

## INTERMEDIATE

- Sensory assessment
- 3 Hour Sensory Sensitivity Training for Staff
- 2 Sensory Sacks
- Sensory Friendly
   Establishment Certificate
- Social Media Highlight
- Listed on our website as a Community Supporter

\$1,000

## **ADVANCED**

- Sensory assessment
- 6 Hour Sensory Sensitivity Training for Staff
- 5 Sensory Sacks
- Sensory Friendly
   Establishment Certificate
- Social Media Highlight
- Listed on our website as a Community Supporter

\$1,500

## **SCHOOL TRAINING OPPORTUNITIES**

### **Teachers**

- Autism 101
- Understanding the IEP
- Preparing Students for Transition
- Sexuality, Puberty, and Hygiene
- Coping and Regulation
- The "Why" Behind Behaviors
- Annual Conference Group Discounts for Teachers
- For more customized content, please contact us

#### Staff

- Teacher Assistants
- Paraprofessionals
- Security Guards
- Bus Drivers
- Cafeteria Staff
- Office Staff
- And More!!

#### **Students**

- Workshops
- Service Club Projects
  - Autism Awareness & Acceptance Month
  - o KiteFlite Teams Fundraiser
- Volunteer Opportunities with Service Hour Credit
  - Lilac Festival Sensory Tent Greeters
  - o Bike Camp Week Spotters
  - o Family Event Support
- Customized Options Available

## **Families**

- PTSA presentations:
  - Understanding the IEP
  - o Puberty and Hygiene
  - Sensory Regulation
  - o Autism 101
  - Preparing Your Student for Transition
  - o and more
- IEP Mandated Parent Training sessions
- Note: Families who join AutismUp as members can directly access:
  - Autism Navigation for Parents & Caregivers
  - o Virtual Parent Workshops
  - o In Person Support Groups
  - o Speaker Series
  - o Annual Conference

## Technical Assistance

- One-on-one problem solving with teachers, specialists, administrators, grade-level teams.
- Transition from Entitlement to Eligibility
- Autism Consultant Services
- Sensory Environment Consultations, Enhancements & Modifications
- Sensory Equipment Recommendations

# **Pricing**

Workshops and Training

- \$250 per workshop (up to 90 minutes)
- \$500 for half-day (3 hours)
- \$1,000) for full day (6 hours)
- \$100 per hour for customization

Technical Assistance

• \$100 per hour

#### THE EXTRAS YOU'LL RECEIVE

- An invitation to tour our multi-sensory learning environment & our programs.
- Presentation electronically for print production and distribution.
- Opportunity to hold the training at the Golisano Autism Center (if space is available)
- Updates and information pertaining to autism supports and resources.

## WHAT YOU CAN EXPECT

- A one-to-one discovery conversation to discuss your goals and review training subject matter.
- A mutually agreed upon date and time for training.
- The chance to review the presentation prior to training.
- Professional and parental perspective.
- Learn about community-wide support for the students & families you serve.

AutismUp

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