ACCES-VR Adult Services

autismup
Support. Opportunity. Success.

ABOUT

Adult Career and Continuing Education Services-Vocational Rehabilitation (ACCES-VR) starts with the presumption that all individuals with disabilities can benefit from vocational rehabilitation services and should have opportunities to work in jobs integrated within their communities. Through a wide range of individualized or grouped services, ACCES-VR helps adults identify career goals, access training or education, and secure or maintain employment that matches their skills and interests. Services may include vocational counseling, internships, work readiness trainings, and assessments.

Visit our website to learn more

Learn More

https://autismup.org/center-for-community-transition-au-transition-services/acces-vr

Adult Services

COMMUNITY-BASED WORK ASSESSMENTS (CBWA)

Personalized, hands-on evaluation conducted in real-world job settings. Its purpose is to determine an individual's readiness and suitability for employment —especially in supported employment scenarios

Purpose-

- Evaluate functional abilities across real work environments (e.g., communication, work tolerance, interpersonal skills)
- Identify transferable strengths, barriers, accommodations, and skill-building needs
- Determine appropriateness of Supported Employment (SE) or other employment pathways

Format & Duration-

- Individual 1:1 service with an Employment Specialist on site 100% of the assessment
- Each Assessment is 20 hours over the course of 1 week. A second week if an accommodation is needed
- Typical schedule: Monday-Thursday 9am-2pm or 10am-3pm

CAREER EXPLORATION ASSESSMENT

A structured, person-centered service that helps individuals identify career options aligned with their interests, strengths, and values. Through a combination of assessments, guided discussions, and real-world career research, participants gain greater clarity about potential employment pathways and the steps needed to pursue them.

Ideal for: Job seekers especially those who are unsure of their career direction or looking to align their goals with their unique strengths and needs**.**

Topics/Activities-

- Interest and aptitude assessment (WOWI)
- Career inventories and personality profiling
- Exploration of industries, job roles and require skills
- Labor Market Research and career outlooks
- Informational interviews, job shadowing opportunities

Learn About Adult Programs at autismup.org/academy

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WORK READINESS TRAINING

Designed to prepare adult participants for success in the workplace. Through practical, hands-on training, students will develop essential skills needed to obtain, maintain, and thrive in employment settings. The course focuses on building both soft skills and foundational job behaviors while also addressing the unique considerations and supports available to individuals in the workforce.

Ideal for: Adults preparing to enter the workforce, internships, or vocational training programs.

Topics/Activities Include-

- Introduction to the workplace
- Professional communication and workplace etiquette
- Time management, teamwork, and problem-solving
- Resume writing, job applications, and interview skills
- Health & Safety in the workplace
- Building confidence, self-advocacy, and independence on the job

WORK BASED LEARNING EXPERIENCE (FALL/WINTER INTERNSHIPS)

Provides participants the opportunity to gain real-world work experience in community-based settings. These experiences are designed to bridge the gap between education and employment by helping students apply academic and vocational skills in meaningful, supervised work environments.

Format & Duration-

- 2 Internship periods each 8 weeks long (October-December & January-March)
- 10 hours per week for a total of 80 hours per internship period
- Receive guidance and mentorship from on-site supervisors and employment specialists (if needed)
- Shifts are Monday/Wednesday or Tuesday/Thursday (9am-2pm)

For more information or to refer a student, contact:

Sean Beard
Work Readiness Program Director
(585) 502-8577
sbeard@autismup.org

Jeanne Ricigliano
Senior Director, Full Life Academy
(585) 248-9011 x123
jricigliano@autismup.org