



# Next Steps Conference

## Unlocking Potential and Uncovering Possibilities

For Parents, Caregivers, Teens & Adults with Intellectual and Developmental Disabilities



**Friday**  
December 10, 2021



**08:00AM - 04:00PM**



**Nazareth College  
Schults Center**



**\$50 per person  
Scholarships available**



**Register online:  
[www.autismup.org](http://www.autismup.org)**



**Email questions:  
[education@autismup.org](mailto:education@autismup.org)**



**CONFERENCE  
SPONSORS**



**NAZARETH  
COLLEGE**

### Sessions Include:

**Disclosure in the Workplace  
Making the Most of Self Direction  
Transition Basics  
Introduction to ACCES-VR**

**Managing Your Health Conditions  
Building Your Circles of Support  
Mental Health for People with I/DD  
Understanding SSI & SSDI**

**8:00-9:00: Registration & Vendor Fair**  
**9:00-9:50: Breakout Session 1**  
**10:00-10:50: Breakout Session 2**  
**11:00-11:50: Breakout Session 3**

**12:00-1:00: Lunch and Vendor Fair**  
**1:10-2:00: Breakout Session 4**  
**2:10-3:00: Breakout Session 5**  
**3:10-4:00: Breakout Session 6**



MY PLACE



FUN & TALENT



WELLNESS



GETTING AROUND



EARNING MY WAY



LIFELONG  
LEARNING



COMMUNITY  
ENGAGEMENT



CONNECTIONS