Trick-or-Treating



Social Story

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October 31st is Halloween and it is coming soon! Halloween is a fun holiday where people dress up and go trick-or-treating.



For Halloween, I can dress up as anything or anyone I want. I can wear a costume and a mask too. It's fun to pretend to be something different! I can wear my costume while trick-or-treating. If I don't want to wear a costume, then that's okay too.



Sometimes it is hard to find a costume that feels comfortable. I can always wear comfortable clothes underneath my costume. Then I won't be bothered by the feel of the costume on my skin.



When I am trick-or-treating, I will see lots of other people wearing costumes, masks, or face paint. Some of these costumes may be scary. The costumes are just for pretend and they're not real.



It may be cold, rainy, snowy, or even hot when I go trick-or-treating. I will dress appropriately for the weather. Sometimes I may need to wear these items on top of my costume or I could try wearing them underneath my costume.



It could also be daytime or nighttime when I go trick-or-treating. If I go trick-or-treating at night, then I can bring a flashlight to help me stay safe.



When I go trick-or-treating, I collect candy and other items from houses in my neighborhood with my friends or family. I use a bag or bucket to collect the treats.



While I am trick-or-treating, I will see lots of Halloween decorations like ghosts and jack-o-lanterns. Some of these decorations may look scary, but the ghosts and monsters are not real. I will not touch the decorations that I see.



When I go trick-or-treating, it's important to only go to houses where the lights are on or people are outside. It's also important to go trick-or-treating as a group so that I will stay safe on Halloween.



It is also important to stay on the sidewalks while trick-or-treating. If I need to cross the street, then I will look both ways before crossing and use a crosswalk. I can hold my parents' hand while crossing the street. Doing so will keep me safe.



Sometimes there will be other kids trick-or-treating at a house that I want to go to. I may have to wait in line and wait my turn. I will still receive treats, even if I am not first in line. There are plenty of treats for everyone!



When I arrive at a house, I will ring the doorbell or knock on the door once or twice. I can say "Trick-or-Treat!" when someone answers the door. The person may be wearing a costume. There may also be scary lights or music inside the house.



After I say trick-or-treat, the person who lives at the house will give me some candy or other Halloween items like stickers, pencils, or glow sticks. They may also say something nice about the costume that I am wearing.



At some houses, the person may let me choose my own candy. Only take a couple of items so that there will be enough candy for other children. Other people may just hand me candy. Some houses will give more treats than others. The people want to make sure they have candy for everyone.



When receiving candy while trick-or-treating, I will not complain about the candy, the house, or the person that has given me the candy. I will smile and keep my negative comments to myself.



I will be polite when someone gives me a Halloween treat. I will say "Thank you" or "Happy Halloween." Then I can go to the next house for more treats.



I will return home when I am done trick-or-treating. My parents will go through the candy with me to make sure all of the treats are safe for me to eat. I can eat some of the candy once my parents have checked the items over.



Dressing up and going trick-or-treating on Halloween can be a lot of fun! I can't wait to do it again next year!